

Yoga Sadhana for student and parents in AY 2020-21



Sinhgad Institutes

Sinhgad Technical Education Society
 Sinhgad Institute of Technology, Lonavala
Career Counseling Center

Presents
Two Weeks Sessions
 ON
“Yoga Sadhana for Students with Parents”

From 10th May to 25th May 2021
 Time: 8 AM-8:45 AM Everyday
 Registration Link: <https://forms.office.com/r/71sWaxx943>

Organizer








Campus Director



Dr. M. S. Galkwad

Vice Principal, SIT



Dr. D. D. Chaudhary

HOD Mechanical



Prof. S. M. Galkwad

COC Head



Prof. M. S. Raut

Faculty Coordinator



Prof. Y. M. Raut

Resource Person



Mrs. Madhuri V. Deore
 Yoga Expert
 Kendriya Vidyalaya,
 Nashik



Mr. V. D. Raskar
 Technical Coordinator

Medical Checkup for student in AY 2019-20



SINHGAD TECHNICAL EDUCATION SOCIETY'S
SINHGAD INSTITUTE OF TECHNOLOGY
(Affiliated to Savitribai Phule Pune University & Approved by AICTE, NBA, NAAC)
Sinhgad Institutes Gat No. 309/310, Kusgaon (Bk), Off Mumbai - Pune Expressway, Lonavala, Dist Pune - 410 401.

PROF. M. N. NAVALE M.C. (MCA), M.E., MBA Founder President	DR. (MRS.) SUMANDA M. NAVALE B.A., MPM, Ph.D. Founder Secretary	DR. M. S. GAIKWAD M.E., Ph.D. (Electronics Engg.) Principal
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दि. 15/11/2019
ना. वैद्यकीय अधिकारी,
विद्यार्थी आरोग्य केंद्र पोस्तव,
आरोग्य केंद्र,
सवित्रीबाई फुले पुणे विद्यापीठ,
पुणे.

विषय : प्रथम वर्षात शिक्षणाला विद्यार्थ्यांची वैद्यकीय तपासणी करेली याची हमी देण्याबाबत
कठमे : पुणे विद्यापीठ परीक्षकक्र. १५३, दि. १५.०९.२०१९

श. बरोबर,
परिल विषयांम अनुमत्यन आधी आरंभ करविताल्ल्यामध्ये वैद्यकीय वर्ष २०१८-१९ प्रथम वर्ष
विद्यार्थ्यांची व समतिसहल गृहस्था विद्यार्थ्यांची वैद्यकीय तपासणी केली आहे व त्यांची यादी
आपण दिलेल्या परिशिष्टामध्ये भरून फटवित आहोत. सोबत डॉ.सवाईन भारोला प्रेरित लिफेट
आणि पैले भरल्याची बँक काल ही फोटो कॉम्प्लाय बँक लिटललवारी अग्या तरी त्रिकारून पोष
देण्यात यावी हे विनंती.

कठमे,

असल विद्यापू
—
पाचार्य
सिंहगड इन्स्टिट्यूट ऑफ टेक्नॉलॉजी
गट नं. ३०९/३१०, कुसगाव (बु)
मुंबई-पुणे एक्सप्रेसवे वरल,
लुनावला, दि. पुणे - ४१०४०१

Celebrating 25 Years of Academic Excellence



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Gat No. 309/310, off Mumbai Pune Expressway Kusgaon (Bk), Lonavala Pune – 410401
sit.sinhgad.edu

Yoga Sadhana for student in AY 2019-20

Date: 19/06/2019

Notice

All the interested students are requested to gather in Electrical Seminar Hall Meditation on account of World Yoga Day on 21/06/2019 at 11AM

Prof. D. D. Chaudhary

Vice Principal

Yoga Sadhana for student and parents in AY 2018-19



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 Gat No. 309/310, Off Pune-Mumbai Express Way,
 Kurgaon (Bk.) Lonavala-410401. E-mail : principal_sit@sinhgad.edu

SIT/18-19/01

Date:-22/10/2018

MEDICAL CHECKUP NOTICE

All the student of First year Engineering are instructed to get their medical check-up from Campus Clinic (near main gate) as per the schedule given below. This is necessary according to the Savitribai Phule Pune University guidelines. The forms for this Medical checkup are available with the respective TG. After medical checkup, forms should be submitted to their Teacher Guardian .

Division Wise Schedule

Sr. No.	Name of Faculty	Div.	contact No.	Medical Checkup Time	Date	Sign.
1	Prof. S. R. Borate	A	9975483937	6:30to7:30pm	24/10/2018	
	Prof. N A Shete		9595327310			
3	Prof. T V Adikane		9764662518			
4	Prof. V. C. Bahadure	B	9665613741	6:30to7:30pm	25/10/2018	
5	Prof. S J Nalavade		9405073429			
6	Prof. Y J Borase		9970302130			
7	Prof.A.M. Chipade	C	7709289219	6:30to7:30pm	26/10/2018	
8	Prof. R. N. Kamble		9975711504			
9	Prof A P Udwant		7038260136			
10	Prof. M. A. Waghmare	D	9011467385	6:30to7:30pm	29/10/2018	
11	Prof. A. S. Deshmukh		9970127892			
12	Prof. S. A. Bhad		9702806814			
13	Prof. A. R. Patil	E	9561029707	6:30to7:30pm	30/10/2018	
14	Prof. M M Salotngi		8007958000			
15	Prof. P D Gajbiye		8956496683			

Copy to:

- 1- HOD Engineering Science.
- 2- Notice Board
- 3- STES Campus Clinic Lonavala




(Dr. M. S. Gaikwad)
 PRINCIPAL
 SINHGAD INSTITUTE OF TECHNOLOGY
 Kurgaon (Bk.), Lonavala-410401



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Meditation on occasion of Yoga day in AY 2018-19

Date: 19/06/2019

Notice

All the interested students are requested to gather in Electrical Seminar Hall Meditation on account of World Yoga Day on 21/06/2019 at 11AM

Mr. K. R. Shah

Staff Coordinator

Yoga Sadhana for student and parents in AY 2017-18



Sinhgad Institutes

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Kusgaon (Bk.) Lonavala-410401. E-mail : principal_sit@sinhgad.edu

SIT/17-18/ 01

Date:-12 /09/2017

MEDICAL CHECKUP NOTICE

All the student of First year Engineering are instructed to get their medical check-up from Campus Clinic (near main gate) as per the schedule given below. This is necessary according to the Savitribai Phule Pune University guidelines. The forms for this Medical checkup are available with the respective TG. After medical checkup, forms submitted to Mrs. Kiran Mankar in admin office




(Dr. M. S. Gaikwad)
PRINCIPAL

Sinhgad Institute of Technology, Lonavala

Copy to:

- 1- HOD Engineering Science.
- 2- Notice Board
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Meditation for student in AY 2017-18

Date: 19/06/2018

Notice

All the students of SIT are requested to gather in Electrical Seminar Hall at 8 am to learn yoga and Meditation Technique for better life on 21/03/2018

Mr. R. R. Wable

Staff Coordinator

Yoga Sadhana for student and parents in AY 2016-17

SINHGAD TECHNICAL EDUCATION SOCIETY'S
SINHGAD INSTITUTE OF TECHNOLOGY
KUSGAON (Bk.), LONAVALA

Date:- 09/11/2016

Medical Checkup NOTICE

All the student of **First Year Engineering** are instructed to get their medical Check-up compulsory (**Campus Clinic near main gate**) as per the schedule given below. This is necessary according to the Savitribai Phule Pune University guidelines. The forms for this Medical checkup are available in the respective Staff. After medical checkup forms to be submitted in admin office with Mrs. Newse S.R.

Attach Division wise schedule. (~~10/11/2016~~ to ~~23/11/16~~)



Copy to:

- 1)HOD Applied Science *Handwritten signature and date 9/11/16*
- 2)Notice Board
- 3)STES Campus Clinic Lonavala

PRINCIPAL

Handwritten signature
(Dr. M. S. Gaikwad)

PRINCIPAL

Sinhgad Institute of Technology, Lonavala



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Yoga Sadhana for student and parents in AY 2016-17

Date: 19/06/2017

Notice

All the interested students are requested to gather in Electrical Seminar Hall
at 8 am for Celebration of Yoga Day on 21/06/2017

Mr. K. R. Shah

Staff Coordinator